

One Skill Retake

单科重考简报 · 一项没考好，不一定要重考整场

The rules, the arithmetic, and the five conditions that all have to hold

One Skill Retake lets you re-sit a single paper for **1,400 RMB** instead of **1,990** for the full test. The eligibility is narrower than most summaries admit, the window is shorter than it looks, and there is one line on the official registration page that almost nobody repeats.

单科重考允许你只重考一科，费用 1,400 元，而全科考试是 1,990 元。但条件比多数转述里写的更窄，时间窗口也比看上去更短，而官方报名页上有一条几乎没人转述的提醒。

1 The official terms 官方条款

Every line below is published on the official Chinese-mainland IELTS site. Quoted where it carries a condition.

以下每一条均出自雅思考试中文官方网站；凡涉及条件之处均为原文引用。

What you retake 重考什么	Any one of the four papers — 听、说、读、写某一单科. Not two, not the whole test.
Who is eligible 谁能报	“仅面向BC雅思机考考生，考生在参加过一次全科雅思机考后...” — only candidates who sat a full BC computer-delivered IELTS. A paper test does not qualify.
The window 时间窗口	“自考试日（即原成绩单上注明的考试日期）起60天内可注册并参加一次单科重考” — 60 days from the original test date, once per original test.
Where 考点	Ten centres in six cities: Beijing (3), Shanghai (2), Chongqing (2), Guangzhou (1), Ningbo (1), Changsha (1). Not nationwide. 北京 3、上海 2、重庆 2、广州 1、宁波 1、长沙 1。
The fee 费用	1,400 RMB （报名费1400元人民币） against 1,990 RMB for a full IELTS test as of 1 January 2026.
What you get 成绩单	A new Test Report Form with the new score for the retaken paper, your original three, and a recalculated overall ; the retaken paper is flagged. “考生可以自由选择使用原始成绩单或新成绩单申请院校” — you choose which report to submit.

Source. All quoted wording and every figure above is from the official Chinese-mainland IELTS site — chinaielts.org → 报考雅思 → 雅思单科重考, and the 2026 fee notice. Fees, centres and availability change; confirm at source before booking.

以上引文与数据均出自雅思考试中文官方网站及 2026 年费用调整公告。费用、考点与开放情况可能变动，报名前请以官网为准。

2 What one paper is worth 一科能改变多少

The same result slip from the overall-band briefing, run through the same official rounding rule: the average of the four papers, rounded to the nearest half band.

下面这张成绩单来自「总分的算法」那篇，用的是同一条官方规则：四科平均，四舍五入到最近的半分。



$26.5 \div 4 = 6.625$, nearer to 6.5 than to 7.0.

After retaking Writing alone 只重考写作之后



$27.5 \div 4 = 6.875$, nearer to 7.0. **One paper, 6.5 to 7.0.** If the requirement were “7 in each band”, Writing now clears it — but Speaking at 6.5 would still fail. 一科重考，总分从 6.5 到 7.0。若要求是「单项均 7」，写作过了，口语 6.5 仍然不过。

3 The part worth thinking about 真正值得想清楚的地方

FULL TEST · 全科

¥1,990

Four papers, one day, four new scores.

四科，一天，四个全新分数。

ONE SKILL RETAKE · 单科

¥1,400

One paper. The other three carry across.

一科，其余三科直接带过去。

The 590 RMB is the small part of the difference.

差的那 590 元，反而是这件事里最小的部分。

What a full retake asks

全科重考要求什么

You sit all four papers again and the new report carries four new scores. To beat your current result you must improve the weak paper *and* reproduce the three good ones on the same morning. They do not carry over.

四科全部重考，新成绩单上是四个全新分数。想超过现在的成绩，你不仅要提高薄弱那一科，还要在同一个上午把另外三科的水平再考出来一次。

What One Skill Retake asks

单科重考要求什么

You sit one paper. The other three are carried onto the new report as they stand, so your preparation and your test-day energy go into the paper that needs them. 只考一科，其余三科按原分数带入新成绩单。备考与当天的精力，全部集中在真正需要的那一科上。

Neither destroys your original

两种方式都不会毁掉原成绩

Your original Test Report Form remains what it is either way, and with One Skill Retake you may choose which report to submit. The cost of trying is money, time and preparation — not your existing result.

无论选哪种，原成绩单都还在，单科重考还可自由选择递交哪一份。代价是钱、时间和精力，不是已有的分数。

My judgement, offered as judgement. The failure I see most often on a full retake is not the weak paper — it is a different paper slipping half a band on the day, so the average barely moves. That is professional observation from teaching in Beijing, not a measured finding.

这一条是个人判断，不是统计结论：全科重考最常见的失败，不是薄弱那一科没提上去，而是另一科当天掉了半分，平均分几乎没动。

4 The eligibility is narrower than the headlines 条件比标题写的要窄

BC computer test only

仅限 BC 机考

The official wording is 仅面向BC雅思机考考生. A paper test does not qualify; confirm your own sitting qualifies before planning around it.

Six cities, ten centres

六城十考点

Beijing, Shanghai, Guangzhou, Chongqing, Ningbo, Changsha. If you tested elsewhere, the retake still means travelling.

Shorter than 60 days 实际比 60 天更短	The 60 days run from your test date, not from the day results arrive. Computer-delivered results take roughly 3–5 days, so in practice you have about 55 days to decide, book a seat at one of ten centres, prepare and sit it. 60 天从考试日算起，不是从出分日算起。机考出分约 3–5 天，实际只有大约 55 天来决定、抢考位、备考并参加考试。
Once, and one paper 一次，一科	One retake per original test, one paper only. If two papers are below the line this does not solve your problem — a full retake does.

The 1 September connection. One Skill Retake requires a computer-delivered test, and from 1 September 2026 the test in mainland China is computer-delivered only. The delivery-mode gate is on its way out. The centre list, the BC condition and the 60 days are not.

单科重考要求原考试为机考，而 2026 年 9 月 1 日起中国大陆雅思全面转为机考 —— 这道门槛即将消失。但考点范围、BC 条件和 60 天窗口不会。

5 Check that your institution accepts it — first 先确认院校认不认

The official warning 官方提醒	“报名前考生应与成绩接收机构确认是否认可雅思单科重考成绩” — before registering, confirm with the institution receiving your score whether it accepts One Skill Retake results. This is listed as a condition of registration on the official page; it is not my addition.
Why it matters more than the fee 为什么这比费用更重要	A cheaper score you cannot submit is worth nothing. Acceptance is decided by each receiving institution, not by the test centre, and it is not universal. Do this <i>before</i> you pay. 一份递交不了的成绩，再便宜也没有价值。是否认可由接收院校决定，并非所有机构都接受。这一步要在付款之前做。
What to ask, in writing 怎么问，最好留书面记录	Ask the admissions office whether they accept an IELTS One Skill Retake Test Report Form, and keep the reply. Ask about the specific course, not the university in general — requirements are often set at department level. If the answer is no, your original report is still valid and a full retake is the route. 直接问招生办是否接受「雅思单科重考」成绩单并保留书面回复。要问具体项目，不要只问学校 —— 要求常由院系单独设定。若答复是不接受，原成绩单依然有效，只能全科重考。

6 Which paper, and is it worth 1,400? 重考哪一科，值不值

IF...	THEN
Per-band requirement, and one paper is below it 有单项要求，只有一科不达标	This is exactly what One Skill Retake is for. Nothing else can rescue that paper, and a full retake would ask you to reproduce three scores you already have.
Two or more papers below the line 两科或以上不达标	One Skill Retake cannot fix this — one paper only, once. A full retake is the route.
Overall only, half a band short 只要求总分，差半分	Work out which single paper is cheapest for <i>you</i> to move, then check the sum. Half a band on any one paper moves the average by 0.125 — sometimes that crosses a rounding boundary and sometimes it does not. Do the arithmetic before you pay.
You think the marking was harsh 觉得判分偏严	A remark is a different route with different economics and its own deadline. Do not let the 60-day retake window lapse while you wait on one.

The honest summary. One Skill Retake is excellent for a **single** paper that is **genuinely below** a stated requirement — if you are eligible, near a centre, inside the window, and your institution accepts it. That is five conditions, and all five have to hold.

诚实的结论：单科重考非常适合「只有一科、且确实低于要求」的情况——前提是你符合资格、离考点不远、在窗口期内、并且院校认可。五个条件，缺一不可。

Method note 编制方法说明

Quoted	The eligibility wording, the 60-day window, the fee, the centre list, the Test Report Form description and the institutional-acceptance warning are published on the official Chinese-mainland IELTS site, and are quoted rather than paraphrased wherever they carry a condition.
Arithmetic	Both worked sums use the published rule — the average of the four papers rounded to the nearest half band. $26.5 \div 4 = 6.625$ and $27.5 \div 4 = 6.875$. Check them with a calculator.
Opinion	Two claims here are judgement and are marked as such: that a different paper slipping on the day is the common failure mode of a full retake, and that the acceptance check matters more than the fee. Neither is measured.
Not advice about your case	Whether a retake is worth it depends on your requirement, your centre, your dates and your institution. This document sets out the rules and the arithmetic so you can decide; it is not a recommendation to book anything.
Credentials	Certified by IDP Education in Understanding the Assessment Criteria for both Speaking and Writing (2026). IDP is one of the three organisations that jointly own IELTS. This is a teacher-training certificate — IELTS has not endorsed this briefing, the books, or the classes.

No band score is promised anywhere in this material. What this document offers is the published rules and the arithmetic, so the decision is yours to make with the actual numbers in front of you.

本文不承诺任何分数。它提供的是官方规则与算术，让你拿着真实数字自己做决定。

Sources: chinaielts.org — 雅思单科重考; chinaielts.org — 单科重考报名流程; chinaielts.org — 2026 年费用调整公告; ielts.org — One Skill Retake. The full briefing with live links is at deencoxielts.com/one-skill-retake.html. Fees, centres and availability change — if a source page has changed since publication, the source wins.